

## **Haidi Esmat Kares, Ph.D.**

Assistant Professor of Political Science (International Relations),  
Cairo University, Egypt

### **Professional Details**

Political Science Department  
Faculty of Economics and Political  
Science (FEPS)  
Cairo University  
P.O. Box 12613-Al Orman, Giza,  
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### **Personal Details**

Female, Egyptian  
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### **Position**

**April 2021 - present** Assistant Professor, Department of Political Science, Faculty of Economics and Political Science, Cairo University, Egypt.

### **Past position**

**2015-2020** Assistant Lecturer, Department of Political Science, Faculty of Economics and Political Science, Cairo University, Egypt.

**2010-2014** Teaching Assistant, Department of Political Science, Faculty of Economics and Political Science, Cairo University, Egypt.

**Nov. 2015 – Mar. 2017** Academic Assistant, the Euro-Mediterranean Studies Program (EMSP), Faculty of Economics and Political Science, Cairo University. (part time)

### **Education**

**2020** **Ph.D. degree in Political Science (IR),  
Faculty of Economics & Political Science, Cairo University,  
Egypt.**  
Dissertation Title: “European Union as a Security Actor in Southern Mediterranean since 2004: A Study in the dynamics of the Construction and Operationalization of the Security Policies”.  
Grade: Excellent

2014

**MSc. Degree in Political Science,  
Faculty of Economics & Political Science, Cairo University,  
Egypt.**

Dissertation title: “Continuity & Change in European Union Foreign policy towards Southern Mediterranean after Arab revolts 2011”.

Grade: Excellent with the recommendation of the committee to publish the thesis at the expense of the University and to exchange it with other Universities.

2009

**B.Sc. degree in Political Science**

Faculty of Economics and Political Science, Cairo University, Egypt.

Department of Political Science, English section.

Minor: Public administration

Grade: Excellent with Honor. Rank: Second best of the 2009 graduates (English section) and fifth best of the 2009 graduates (Arabic, English, French sections).

Bachelor thesis: “Democracy in the European Union Foreign policy towards Southern Mediterranean 1995-2007”.

Grade: Excellent.

July 2005

**High school diploma (Thanaweya Amma)**

Saint Joseph language School, Zamalek, Cairo, Egypt. Ranked 1<sup>st</sup>, Arts section – Grade: 98 % (A+)

### Research Interests

- Euro-Mediterranean relations.
- European Union foreign Policy towards the Arab region.
- US policies towards the Middle East.
- International relations of the Middle East.

### Teaching Experience

#### Lectures:

**From 2021**

- Co-teaching “**Theory of International relations**” course for undergraduate students (Sophomore students). Teaching language: English.
- Co-teaching “**Theory of International relations**” course for post graduate students (Master program in International Political Economy). Teaching language: English.
- Teaching and training up undergraduate students (Sophomore

Students) on writing research proposals in “Research Seminar” course. Teaching Language: Arabic.

## **Tutorials:**

**2010-2020**

- “**Contemporary Global Issues**” course for undergraduate students (senior students), for 2 academic years. Teaching language: English.
- “**Foreign policy Analysis**” course for undergraduate students (senior students), for 5 academic years. Teaching language: English.
- “**Theory of International relations**” course for undergraduate students (Sophomore students), for 9 academic years. Teaching language: English.
- “**Introduction to Political Science**” course for undergraduate students (Freshmen students), 4 academic years (2011/2012, 2014/2015, 2016/2017, 2018/2019). Teaching language: English.
- “**Research Methodologies in Political Science**” course for undergraduate students (Sophomore students), Academic year 2010-2011. Teaching language: Arabic.

### **Language**

Arabic	Mother Tongue
English	Fluent

### **Internships, Workshops, Courses & Others**

- June 23- Aug. 3, 2018**      **Completed a course in Peace Research.**  
Organized and held in the Peace Research Institute Oslo (PRIO), and the University of Oslo, Norway (as a part of the University International Summer School).
- July 15 – Aug. 12, 2016**      **Participated in a Summer school about “Multilateralism and Leadership”**  
Organized and held in Al Maktoum College, Dundee, Scotland, UK.
- Feb. 29- Dec. 1, 2015**      **Completed a Workshop titled “Researcher Connect”**  
By Dr. Cathy Gibbons, Consultancy in Researcher Development, University of Nottingham.  
Organized by British Council.  
Held in: Faculty of Economics and Political Science, Cairo University.
- Feb. 16, 2015**      **Completed a Course titled “Proposal Writing and Research Design Training Workshop”**  
By Dr. Suad Joseph Professor of Anthropology and Women and

Gender Studies, University of California, Davis.  
Held in: Faculty of Economics and Political Science, Cairo  
University.

**Dec. 13-21, 2014**

**Participated in a Seminar titled “Partnership for Transformation III - Democracy and its Institutions: Role, Responsibilities and Participation of Academics and Science”**  
Organized by the Friedrich Naumann Foundation  
Held in: the International Academy for Leadership (IAF) of the Friedrich Naumann Foundation in Gummersbach, Germany.

**June 2012**

**Completed a Course titled “Research Methods in Political Studies (Focus on quantitative methodology)**  
Organized by Columbia University, USA; and the American University in Cairo, Egypt.  
Held in: American University in Cairo Egypt.

**Winter 2011/2012**

**Participated in a Joint seminar titled “Current Issues in the Mediterranean: Revolutions in the Arab World”**  
University of Tübingen, Germany; Cairo University, Egypt; and American University in Cairo, Egypt.  
Presented a paper about U.S. & EU Foreign policy towards the Egyptian revolution 2011.

**2010/2011**

**Completed a Jean Monnet Module “The Euro Mediterranean Relations from a Southern perspective”.**  
Faculty of Economics and Political Science, Cairo University .(45 hours)

**2011-2020**

**Completed several training courses at the “Faculty and leadership Development Center (FLDC), Cairo University on: effective presentation skills, effective leadership, time management, entrepreneurship, creative and critical thinking, exams and students evaluation, code of ethics in high-level education, and research ethics.**

**June –July 2007**

**Undertaken an Internship** at El Ahram centre for Political and Strategic Studies, Cairo, Egypt.

### **Academic and Administrative Activities**

**2021- present**

Participating frequently in refereeing Ph.D. proposals, Department of Political Science, Cairo University.

<b>Oct. 2015 – Sept. 2016, Sept. 2017- Sep. 2019</b>	Assistant to the Coordinating Committee of the Political Science Department Ph.D. Monthly Seminar.
<b>Aug. 2016- Jan. 2017</b>	Member of the Political Science Department Quality Assurance Committee, responsible for upgrading undergraduate courses.
<b>May 11-12, 2016.</b>	Participated in organizing international conference and author workshop on: From Region-building to Bilateralism to Localism? Shifting Patterns in Relations between Europe and the MENA Region”. Cairo University, LSE, University of Southern Denmark, ad University of Jordan. Held in: Faculty of Economics and Political Science, Cairo University.
<b>May 2013</b>	Participated in organizing the Annual Scientific Conference of the Political Science Department.

### **Academic Honors and Awards**

<b>2008</b>	Professor Mohamed Fatah Allah El Hadib’s Award for highest grade in the course “Western Political Systems”. Faculty of Economics and Political Science, Cairo University.
<b>2007</b>	Faculty of Economics and Political Science’s Award for the Second best of sophomore students, Cairo University.

### **List of Publications**

<b>Publications in English:</b>	<p><b>I-Articles in Peer-reviewed Journals:</b> Kares, Haidi Esmat (forthcoming, 2021). The Evolution of the EU as a Security Actor in the Mediterranean from 2003: A constructivist discursive perspective. <i>Review of Economics and Political Science</i>.</p> <p><b>II- Book Chapter:</b> Isaac, Sally Khalifa, and Kares, Haidi Esmat (2017). American Discourses and Practices in the Mediterranean Since 2001: A Comparative Analysis with the EU. In: Ehteshami, Anoushiravan; Huber, Daniela; and Paciello, Maria Cristina (eds.), <i>The Mediterranean Reset: Geopolitics in a New Age</i>. Global Policy (Wiley-Blackwell).</p> <p><b>III- Working Papers:</b> Isaac, Sally Khalifa, and Kares, Haidi Esmat (2017, April). The European Community Framing of the Mediterranean (1970-1990).</p>
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MEDRESET Working Papers, No. 1,

[http://www.iai.it/sites/default/files/medreset\\_wp\\_1.pdf](http://www.iai.it/sites/default/files/medreset_wp_1.pdf)

(Part of MEDRESET project led by the IAI-Rome and won the EU Horizon competition from 2016 to 2018.)

## Publications in Arabic:

### I- Books:

هايدي عصمت كارس (٢٠١٦) المستمر والمتغير في السياسة الخارجية للاتحاد الأوروبي تجاه جنوب المتوسط في أعقاب الثورات العربية. القاهرة: المكتب العربي للمعارف.

### II- Articles and Analyses:

هايدي عصمت كارس (٢٠٢١، أبريل). الاستمرارية والتغير في علاقة مؤسسات صنع السياسة الخارجية الأمريكية. *السياسة الدولية، ملحق تحولات استراتيجية*.

هايدي عصمت كارس (٢٠١٨، يوليو). أدوار القوي الإقليمية في دعم سياسات التعافي السياسية الدولية، ملحق اتجاهات نظرية، العدد ٢١٣.

هايدي عصمت كارس (٢٠١٨، مارس). صدمة روما: ماذا يعني "النصر الجديد" لليمين المتطرف في الانتخابات الإيطالية؟. مركز المستقبل للأبحاث والبحوث المتقدمة، أبو ظبي، الإمارات العربية المتحدة.

هايدي عصمت كارس (٢٠١٧، نوفمبر/ديسمبر). أشباه الدول: عوامل بقاء أشباه الدول في الساحة الدولية". مجلة اتجاهات الأحداث، ملحق مفاهيم المستقبل، العدد ٢٣.

هايدي عصمت كارس (٢٠١٦، أكتوبر). مستقبل الاندماج الأوروبي في ضوء خروج المملكة المتحدة. مجلة السياسة الدولية، العدد ٢٠٦.

هايدي عصمت كارس (٢٠١٦، يوليو). أنماط تدفق اللاجئين وتأثيراته في المنطقة العربية. مجلة السياسة الدولية، ملحق اتجاهات نظرية، العدد ٢٠٥.

هايدي عصمت كارس (٢٠١٥، أبريل). أسباب الحرب: لماذا تنشب الصراعات الداخلية والدولية؟. دورية اتجاهات الأحداث، ملحق مفاهيم المستقبل، العدد ٩.

### III- Reviews:

- هايدي عصمت كارس (٢٠١٧، يناير ١٢). المخاطر وصنع القرار الرئاسي: ظهور أزمات السياسة الخارجية. مركز المستقبل للبحوث وللدراسات المتقدمة.

(عرض لكتاب:

Luca Trenta (2016). Risk and Presidential Decision-making: the emergence of Foreign Policy Crises. Routledge. )

- هايدي عصمت كارس (٢٠١٦، أبريل). الدولة الإسلامية في العراق واثام... دولة الإرهاب. مجلة السياسة الدولية. (عرض لكتاب:

Jessica Stern and J.M. Berger (2015). ISIS: The state of terror, (New York: HarperCollins Publishers.)

- هايدي عصمت كارس (٢٠١٦، يناير). التحدي الصيني.. تشكيل خيارات قوة صاعدة، مجلة السياسة الدولية. (عرض لكتاب:

Thomas J. Christensen. (2015). The China Challenge: Shaping the Choices of a Rising Power. New York: W.W. Norton and Company).

- هايدي عصمت كارس (٢٠١٥، ديسمبر ٢١). آسيا أولاً: التوازن من الخارج... لماذا تنسحب أمريكا من الشرق الأوسط؟ المركز الإقليمي للدراسات الاستراتيجية. (عرض لمقالة:

Steven Simon, and Jonathon Stevenson, (2015, November/December). The End of Pax Americana: Why Washington's Middle East Pullback Makes sense. Foreign Affairs.).

- هايدي عصمت كارس (٢٠١٥، ديسمبر ٨). عقلية التوحش: "الخلافة الرقمية"... جذور داعش واستراتيجياته الإلكترونية. المركز الإقليمي للدراسات الاستراتيجية. (عرض لكتاب:

Abdel Bari Atwan (2015). Islamic State: The Digital Caliphate.)

- هايدي عصمت كارس (٢٠١٥، أغسطس). موقع تركمانستان في تحقيق الترابط الأوراسي. دورية حالة العالم، المركز الإقليمي للدراسات الاستراتيجية، القاهرة، ص ص ١٤-١٧. (عرض لتقرير:

Kuchins, Andrew C., Jeffrey Mankoff, Oliver Backes. (2015, June). Central Asia in reconnecting Eurasia: Turkmenistan's Evolving Foreign Economic and Security, Center for Strategic and International Studies, Russia and Eurasia Program.)

- هايدي عصمت كارس (٢٠١٥، أبريل ٣٠). التواصل مع الشعوب: الدبلوماسية المجتمعية الأمريكية تجاه الصين والسعودية. المركز الإقليمي للدراسات الاستراتيجية. (عرض لمقالة:

Lagon, Mark P., Sarah Grebowski. (2015, March/April). Power to the People: Taking Diplomacy to the streets. National Interest).

- هايدي عصمت كارس (٢٠١٥، مارس). أوروبا والمهاجرون... تقييم سياسات

التعددية الثقافية والاستيعاب. *مجلة السياسة الدولية*. (عرض لمقالة:  
Malek, Kenan. (2015, March/April). The Failure of Multiculturalism:  
Community Vs. Society. *Foreign Affairs*.)